

September 2025

Sunday 7 Sep **Hidden Valley**

Distance: 50km Grade: 5 Start 9am Gosford

Contact: **Colin**

back roads to narara then Ourimbah then ride through farmlands up Ourimbah Creek to Hidden Valley nestled in the foothills. Return for Coffee at Ourimbah pie shop, return same route.(LT)

Sunday 14 Sep **Tuggerah 2 Lakes Circuit**

Distance 58km Grade 5 Start 9am Wyong

Contact: **Andrew**

See the beauty of Tuggerah Lakes from all sides on this interesting and varied ride. From Wyong we ride to Gorokan, Panorama Ave, Cycle way to Budgewoi, Coffee at Lakes Beach Or Entrance, WBD to the Entrance then return to Wyong (TL)

Sunday 21 - 26 Sep

Week Away Ride up North (Ballina)
Flyer & directions & rides
To Follow.

Sunday 28 Sep **Caves at Caves Beach**

Distance 52km. Grade 5. Start 9am Broadmeadow station, Contact **Greg**

from broadmeadow we cycle the Fernleigh track to Belmont then the new cycle way to Swansea. Lunch at caves beach then return the same way. (LHT)

Check the train times to Broadmeadow.

October 2025

START DAYLIGHT SAVINGS

Sunday 5 Oct **Tuggerah Lakes Circuit**

Distance 48km Grade 5 Start 8am Wyong

Contact: **Duncan**

From Wyong we ride to Chittaway, then anticlockwise around the lake via cycleway to The Entrance for coffee, then up Wilfred Barrett Drive to Canton Beach, Toukley, Gorokan back to Wyong.

Sunday 12 Oct. **Power On too Impact**

Distance 42km Grade 4 Start 8am Gosford

Contact: **Colin**

Bike path ride along to Woy Woy, over the Rip Bridge to Empire Bay for coffee under the trees then back to Woy Woy and cycleway home.(T.L.S.)

Saturday 19 Oct. **Lakes Beach via Budgewoi**

Distance: 48km Grade 5 Start 8am Wyong

contact **John**

Ride through back streets of Wyong to Gorokan then clockwise around to Blue Haven and bike paths to Budgewoi onto Lakes Beach for lunch, return via Canton Beach back to Wyong. (TL)

Sunday 26 Oct **SYDNEY RIDE TBA** **Sue & Steve**

November 2025

Sunday 2 Nov **Speers Pnt to Newcastle**

Distance 40km Grade 5 start 9am Speers Pnt

Contact **John**

Catch a train to near by station or drive.

Sunday 9 Nov. **Crackneck - Cooee**

Distance 45km Grade 6 Start 8am Wyong

contact **Jenny**

Ride Tuggerah Lake to The Entrance, then a steep climb to Crackneck lookout for fabulous coastal views, **After at Jennys Place coffee.** return to Wyong. (TS)

Sunday 16 Nov **Brisbane Water Circuit**

Distance: 48km Grade: 6 Start: 8am Gosford

Contact: **Greg**

We head for Woy Woy by cycleway, then Empire Bay and Davistown for coffee, to Green Point, East Gosford and home. A couple of steep pinches (T.L.H.)

Sunday 23 Nov **Palmdale Circuit**

Distance: 50km Grade: 5 Start : 8am Gosford

Contact **Andrew**

Ride to Ourimbah, or meet at shell servo (**Inform leader**) for shorter ride then ride to Chittaway, Tuggerah back to Orimbah via Palmdale for coffee at Pie Shop Then back to Gosford . (TL).

Sunday 30 Nov. All The Rivers Run

Distance 33km Grade 4 **Start 8.30am** Wyong

Contact: **Paul**

Picturesque ride exploring the rivers around Wyong. & Chittaway Lovely level ride with

AGM & CHRISTMAS PARTY
With BBQ LUNCH supplied
At 12pm

Central Coast compassionate Care CEN
CRN of Woodbury Park Dr & Woolmers

Crs. Parking at rear.

December 2025

Sunday 7 Dec the Entrance for coffee

Distance 40km Grade 4 start 8am Wyong

Contact: **Glenn**

cycleways and back roads to the Entrance. & return to Wyong. (TH)

Sunday 14 Dec Jilliby Loop via Lake Haven

Distance 42km Grade 5 Start 8am Wyong

Contact **Michelle**

Ride to Gorokan then out to Northlakes. stopping for coffee we carry on to Bluehaven out to the Old Pacific Hwy and on towards Jilliby. After a few kms of gravel we hit Hue Hue Rd then some back roads and back onto Hue Hue Rd, back to Wyong. (TUS).

Sunday 21 Dec Norah Head for Coffee

Distance 42km Grade 5 Start 8am Wyong

Contact: **Duncan**

A delightful ride along the water to Gorokan then on to Toukley, Canton Beach (bike path), and Norah Head for coffee. Home by the same route. (LT)

25 & 26

Christmas Day & Boxing Day

Sunday 28 Dec Umina Surf club for a Swim

Distance 40 km Grade 4 Start 8am Gosford

Contact:: **Paul**

Gosford cycleway to Woy Woy, then Umina Beach for swim . Return by back roads & bike path to Woy Woy for the return to Gosford. (TL).

Start times for all rides

Start 9am winter & 8am start

summer time daylight savings.

Unless otherwise stated.

Thursday rides

Umina for coffee

A slow relaxed social ride

Meet at Lions Park Gosford (Mason's Pde) or

Adcock Park Cycleway 15min later.

Any age 18+.

THE LAST THURSDAY EVERY MONTH Toowoan Bay for coffee

Start: Car Park Tuggarah sports field

T: Some traffic	U: Includes unsealed roads
L: Generally level ride	H: Some hills steeper than 5%
S: Some hills steeper than 7%	M: Mountain bike required

Notes for Riders

Please make sure you bring **helmet, water** and **snacks** on your ride, as well as **spare tube**. Some of our rides are in remote areas and help may not be close at hand if you get hungry, thirsty or have a flat.

FOR INFORMATION, PLEASE CONTACT

President	Jenny Callaghan	0414346356
Vice-President	Glenn H	
Secretary	Sue H	
Treasurer	Steve H	
Committee	Narelle	
	Josephine	



Central Coast Touring Cycle Club Inc.

www.cctcc.org.au

Ride Calendar

September-December 2025

The Central Coast Touring Cycle Club is a group of easy-going, sociable people who meet regularly to ride bicycles and share the benefits that such a healthy pastime brings. We are not a racing club. The pace is generally 18-20 km/h with stops along the way to regroup or take in the scenery. The rides are graded 1-10 and the 1st Sunday a month we try to have an easy paced Grade 3 (30-40 km) ride suitable for less experienced riders. At other times we have longer road rides, mountain bike rides or rides away.

Membership currently costs \$20 Please use this calendar to contact one of our leaders and join us on a ride.

Visitors, guests and prospective members are asked to contact the ride leader before joining any ride.

All riders must be over 18 years of age

Gosford Start: **Lion's Park, Gosford waterfront, near Gosford Sailing Club.**

Wyong Start: **Wyong .Wyong Bowling Club Car park, near Wyong River bridge.**